

Water Journal Challenge

1. Find a water spot that you can easily gain access to once a month. The spot can even be in your own backyard if you have a water body there. The water body does not have to be large.

2. Either buy or create an inexpensive journal where you can record data once a month, starting in October and ending in April.

3. Complete the following three tasks in your journal:

* Record the date, time, and weather conditions during the visit (this will give a sense of the season). Try to stay at the spot for at least 15 minutes (dress warm in the colder months so that you will be able to stay outside).

* Write at least one paragraph about your water body. What is happening this month? Do you see any animals? Is the water body frozen? Do you notice more or less pollution? Please don't feel obligated to answer JUST these questions, please add your own observations, questions and thoughts too!

* Draw a picture of something seen, or take a picture that can be put in the journal.

There are many reasons for attempting this journal challenge, but a few are:

- *To get students more familiar with a local area of water
- *Experience nature if even for a short amount of time
- *See the changes in a water body first hand through the seasons
- *Have a better appreciation for an area of water and the life that may use the area for habitat, resting, etc.